
MENS HEALTH AND FITNESS CHECK

2hr appointment Includes:

Consult/goal setting
Resting ECG and spirometry
Exercising stress test/ECG and
VO2max test
Blood pressure
Skin folds body fat test
Strength test (core, chest and legs)
PLUS.....
Full report for you and your doctor
Individualized Cardio program
Basic nutritional advice

Price \$199 Inc GST

**Men its time to take charge of your
health!!**

Also available for the ladies

BOOK WITH EPR CLINIC
0210498601
CHLOE@EPRCLINIC.COM
WWW.EPRCLINIC.COM

EPR CLINIC

© EPR Clinic 2020